



# Nursery Life

## August 2025

### What we've been up to this month...

What an exciting month we had celebrating the Olympics with our very own Team 3G! The children loved taking part in fun activities such as mini races, obstacle courses, ball games and team challenges. We explored the values of teamwork, trying our best, and cheering each other on, which created such a positive and supportive atmosphere. The highlight was seeing the children proudly wear their homemade medals and celebrate their achievements together. It has been a month full of energy, laughter, and lots of "gold medal" moments!



We ended the month with our Hawaiian party week, full of games, dancing and laughter, as we waved goodbye to our preschool friends heading off to big school. We are so proud of everything they have achieved and will miss them dearly as they head off on their next adventure at big school. We wish them the very best of luck! Now we're looking forward to welcoming a brand-new month in September, full of exciting opportunities and fresh adventures.



### What's happening next month...

In September, our theme will be "Proud to Be Me", a fun and meaningful way to help children celebrate who they are. Across all ages, we'll be exploring what makes each of us special – from our favourite colours, foods and songs to the families and friends who care for us. Through stories, art, role play and circle time, children will have the chance to talk about their feelings, share their interests, and learn about similarities and differences in others. This topic helps to build confidence, a strong sense of belonging, and pride in everything that makes us unique.



### Activities we will do at nursery:

- Creating self-portraits using mirrors and paints.
- Circle time discussions about favourite colours, toys & foods.
- Exploring feelings with puppets and "emotion faces."
- Singing our favourite songs together.
- Measuring our hands and feet and comparing sizes.
- Dancing to "this is me" songs and moving in our own ways.
- Celebrating differences by mixing paints to explore skin tones.





## September's Preschool focus:

Our preschoolers will take these activities a step further, creating detailed self-portraits, and decorating Proud Stars that showcase their talents and achievements. They will lead conversations about their favourite things, share stories about their families and friends, and take part in group challenges that encourage teamwork and confidence.

Cooking, music, dance, and role play activities will allow them to make independent choices and express themselves creatively, helping them to explore their identity in a more reflective and confident way.

## Some ideas to do at home:

- Look through baby photos together and talk about how much your child has grown.
- Share a "favourite things" bag – let your child collect a few items to show you what they love.
- Cook or eat a favourite family meal together and talk about why it's special.
- Make a "proud moment" chart – draw or stick photos of something your child is proud of each week.
- Read bedtime stories that celebrate identity and feelings (e.g., Elmer, Giraffes Can't Dance, The Family Book).

**We would love to see any photos of activities & experiences from home via the Interactive Learning Diary!**

