



Nursery Life

July 2025



What we've been up to this month...

This month, our theme of going on holiday and having adventures has sparked the children's imaginations in the most exciting ways!

Through storytelling, role-play, and creative activities, the children have enjoyed pretending to travel to new places, packing their bags, and exploring make-believe beaches, mountains, and cities. From building sandcastles to going on treasure hunts, every experience has been full of fun and discovery, helping the children learn about adventure and the joy of exploring new places.



What's happening next month...

Next month, we're going for gold with the Olympics Team 3G! The children will dive into the exciting world of the Olympics, exploring different sports, teamwork, and healthy competition. Through fun games, challenges, and creative activities, they'll develop their skills, learn about famous athletes, and celebrate the spirit of determination and friendship. Get ready for an action-packed month full of energy, fun, and plenty of gold-medal moments!



Activities we will do at nursery:

- Mini Olympic Races
- Medal Crafting Station
- Create paper or cardboard medals using gold, silver, and bronze paint, or foil. Kids can decorate their own medals to wear or take home.
- Obstacle Course Challenge
- Flag Making
- Olympic Torch Relay
- Parachute Games
- Sport-Themed Story Time
- Balance Beam Practice
- Design Your Own Sports Uniform
- Healthy Snacks Workshop





August's Preschool focus:

This topic invites preschoolers to explore movement, teamwork, and healthy habits through fun Olympic-inspired activities. Children will engage in playful races, balance challenges, and creative crafts like making their own medals and flags.

They'll learn about sharing, cheering for friends, and the joy of trying their best, all while developing their gross motor skills and social abilities. Through stories, songs, and games, our Mini Olympians will discover the excitement of sports and the importance of friendship and perseverance!

Some ideas to do at home:

- **Indoor Obstacle Course** - Create a safe and simple obstacle course using pillows, cushions, and chairs. Encourage your child to crawl, climb, or jump through the course to build their motor skills and have fun moving like a mini-Olympian.
- **DIY Medal Making** - Use paper plates, foil, and ribbons to make "gold medals" together. Talk about how everyone can be a winner when they try their best, and let your child decorate their medal with stickers or drawings.
- **Family Torch Relay** - Make a pretend Olympic torch using a rolled-up piece of paper with coloured tissue paper flames. Take turns passing the torch around the house or garden, cheering each other on for a fun family relay race.
- **Balance Beam Practice** - Use a strip of tape on the floor as a balance beam. Help your child practice walking heel-to-toe along the line to improve balance and coordination.
- **Healthy Snack Creation** - Prepare simple, colourful snacks like fruit kebabs or veggie sticks together. Talk about how good food helps athletes stay strong and ready for their big games.

We would love to see any photos of activities & experiences from home via the Interactive Learning Diary!

